

Parenthood in Sweden

*A parent group for you who are born abroad,
have children aged 0–18, and want to know more
about how the Swedish society works.*



On five occasions you get to meet other parents and talk about what it's like to be a family in a new country.

We will cover various topics, including:

- The Swedish preschool and school system
- The view on boys and girls
- Parents' rights and obligations
- How healthcare works
- Navigating adolescence

The course is free of charge and all participants receive a diploma after completing the course. We will book an interpreter if necessary and we offer coffee, tea and fika.

Welcome to register for the group!

If you want to know more or register, email: fos@umea.se or scan the QR code.

